

MONDAY		TUESDAY		WED	THURSDAY		FRI
1	MACARONI AND CHEESE Tossed Vegetable Salad Asparagus Banana Whole Wheat Bread	2	HAMBURGER ON A BUN Catsup, Mustard & Onion Split Pea Soup Creamy Coleslaw Banana		4	SMOTHERED CHICKEN Cornbread Stuffing Seasoned Cauliflower Broccoli Mix Applesauce Waldorf Salad Whole Wheat Bread	
8	AMERICAN LASAGNA Herbed Green Beans Seasoned Cabbage Banana Italian Bread	9	MEATLOAF WITH GRAVY Roasted Sweet Potatoes Seasoned Brussels Sprouts Tossed Vegetable Salad Pineapple Tidbits Whole Wheat Bread		11	ITALIAN SAUSAGE Marinara Sauce Broccoli Tossed Salad Pear Halves	
15	CALIFORNIA VEGGIE BAKE Spinach Salad with Egg and Lite Italian Dressing Fresh Pear and Citrus Cup Oatmeal Raisin Cookie Whole Wheat Bread	16	TURKEY SANDWICH ON WHOLE WHEAT Provolone cheese & Mustard Sliced Tomato on Lettuce Orange Waldorf Salad		18	SLOPPY JOE ON A BUN Scalloped Potatoes Broccoli & Carrots Apple	
22	SALISBURY STEAK Whipped Potatoes with Gravy California Vegetable Medley Seasoned Greens Nectarine Whole Wheat Bread	23	SPINACH CHEESE SQUARES Tossed Salad with Pear Whipped Hubbard Squash Citrus Cup Whole Wheat Bread		25	ROAST BEEF Mashed Potatoes with Gravy Green Bean Amandine Apricot Peach Compote Whole Wheat Dinner Roll	
29	TACO SALAD Salsa Tomato, Lettuce Garnish Strawberry Applesauce Flan Custard Cornbread	30	BEEF AND BROCCOLI STIR FRY Steamed Brown Rice Steamed Carrots Pineapple Tidbits Whole Wheat Bread		<i>Milk served with all meals. Most meals served with bread & butter.</i>		

~ Please call (719) 783-9508 before 9:30 a.m. for reservations. ~ Congregate Meals served Monday, Tuesday & Thursday at noon. Meals On Wheels at 11:00am. All menus subject to change.

June 2015

Upper Arkansas Area Agency on Aging Nutrition Program

CUSTER SENIOR CENTER

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CLIENT GRIEVANCE

If an individual believes he/she has a grievance with the service they have received from either the Upper Arkansas Area Agency on Aging (UAAAA) or a service provider contracted through the UAAAA, he/she may submit a written complaint to the Director of the Area Agency on Aging within five (5) working days after the occurrence of the problem, explaining the nature of the grievance. Please submit to Area Agency on Aging, 139 East 3rd Street, Salida, CO 81201. Tel: 719-539-3341

VIOLATION OF GRIEVANCE PROCEDURE

When a client takes a grievance outside the Area Agency on Aging without first attempting to resolve the grievance(s) in accordance with the grievance procedures outlined above, the client risks having the grievance denied and may encounter a delay in resolving the problem.

A copy of the complete Grievance Process is available upon request.

APPEALS PROCESS

Any person, who feels he/she has been denied service by the Upper Arkansas Area Agency on Aging or a contractor of the UAAAA for any reason, has the right to appeal the decision.

A copy of the Appeals Process is available upon request.

CONTRIBUTIONS

Any individual receiving services funded through the UAAAA with (Title III Older Americans Act) shall have the opportunity to contribute to all or part of the cost of the service(s) provided.

Each individual recipient shall determine for him/herself if and what he/she is able to contribute toward the cost of the service. No individual shall be denied a service or the service be limited because of not contributing to the cost of the service.